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Seven Days To Climb Kiliminjaro

Last Update: 3/13/2006 5:38:53 PM

Christine Webb - Greg Brooks, Bill Hearne and Craig Litt, are all friends and serious runners who needed a new challenge.

Hearne said, "It was my thought...I really wanted to climb Mt. Mckinley....so I wanted to work up to it."

The three decided to climb 19,000 feet to reach the snows of Kilimanjaro and take in the views from the summit.

Brooks said, "the biggest question for us was, how are we going to adapt to the elevation above 12,000 feet?"

They all had to be physically fit. One thing they did to train was running and climbing Bristol Mountain carrying 30 pound packs.

They conquered Kiliminjaro in seven days, but the adventure didn't stop there. After reaching the summit the three went on a safari and then they ran a marathon.

Litt said, "It's to prove to yourself you can do it...to push your limits."

Only 50 percent of people who start the climb make it to the summit. The three have set their next goal--to climb the tallest mountain in South America.

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