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## New 10K's aim: Stop drunk drivers

[Jim Castor](#)

Assistant sports editor

(September 8, 2005) — There's a new road race on the Rochester scene this weekend, but before you exhale with a groan, stop.

Every runner or walker who steps into one or more of the 150-plus races in western New York over the course of a 12-month season must be at this one Sunday morning.

Period. No excuses.

The first Dorschel MADD Dash 10K in Henrietta is all about the message we all know, but many don't heed:

"We're trying to save lives here," says race director Paul Kato, who's hoping for numbers that will send a strong message to legislators for tougher laws. "I don't know how to cure cancer, and we're not saying 'stop drinking.' We're saying if you drink, don't drive."

Kato's son, Matthew, a high school senior, was killed by a drunk driver July 21 a year ago. Three days later Nancy Dorschel's brother, Clark Swift, died in a bicycle accident involving another drunk driver.

When Kato and The Dorschel Automotive Group discovered each wanted to contribute to a community event with its focus on curtailing drunk driving, the collaboration was born. Rick Dorschel, Nancy's husband and president of the car dealership with the familiar name, and Kato, with race directing experience as past president of the Greater Rochester Track Club, set to work with Mothers Against Drunk Driving to make it happen.

"I've been like an expectant father peeking into the delivery room," Kato said when asked if he's been keeping an eye on the numbers coming in. "You bet. We're looking at least 500."

A large number of high school students and running teams are expected, and race-day entries will be accepted until 7:30 a.m. Parking is all off-site, at the Dome Arena.

Even with the Glen Iris 5K on the schedule Saturday, and the Rochester Marathon six days away the following Saturday, Kato says there's no reason why every runner shouldn't join their gathering.

"The two-mile fun walk is perfect for those who've raced the day before, or those racing the marathon next week," Kato said. "We're starting the walkers two minutes later than the 10K, and they stay on sidewalks the whole way, to Sherman Elementary School on Authors Road and back.

### Glen Iris 5K

**Event:** Glen Iris 5K road race, 5K yard kids hill climb; 10th year.

**Day, time:** Saturday, 10 a.m.

**Site:** Letchworth State Park at trout at Trailside Lodge, Wyoming Coun

**Course:** Open loop on park road a Genesee River gorge, then woode

returning to finishing line in lodge p  
**Awards:** \$2,000 cash (\$500, \$200 \$100 for course record, gift certifi

merchandise worth more than \$4,C  
**Registration:** \$20 early, \$22 day c  
**Primary sponsors:** Glen Iris Inn, f Shur-Fine Perry Marketplace, Elits and Rental Center.

**Course records:** Mark Andrews 1:28 seconds (2002); Christine Sistir (2004).

**Web site:** [www.castile.pls-net.org](http://www.castile.pls-net.org)

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"The walk is perfect for marathoners who are tapering a week out." Or heading for the 1 o'clock Bills home opener in Buffalo.

The 10K course, a clockwise loop that includes West and East Henrietta roads, is mostly flat except for the familiar rise that Henriettans know as Methodist Hill, on Route 15 just north of the Thruway.

"Calkins has a few soft ups and downs," said two-time JP Morgan Chase Corporate Challenge winner Derrick Jones of Henrietta, "but the upside of that hill on West Henrietta Road is by far the toughest."

Jones is a neighbor of Kato's just 13 houses down on Alverstone Way, and will be running with Kato's house number on his bib, in honor of Matthew.

"It's good that Henrietta finally has a race," Jones said. "Paul asked me if I'd run, be around some of the kids who'll be there and support Henrietta."

Mark Andrews of Canisteo, the region's fastest man on the roads, is expected to enter and make the Sunday race a double-payoff weekend.

Jones says that his buddy from Syracuse, Kevin Collins, has said he'll be there, trying for a Saturday-Sunday double as well, even though he's nursing strained ligaments.

Saturday's Glen Iris 5K in Letchworth State Park pays \$500 cash to the winner (Andrews is three-time defending champion there) and the MADD Dash 10K has a \$250 cash prize.

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### Dorschel MADD Dash 10K

**Event:** Dorschel Mothers Against Intoxicated Drivers Dash 10K, a 6.2-mile road race with fun walk. First year.

**Day, time:** Sunday, 8 a.m.

**Site:** Parking lot of Rush-Henrietta School, Lehigh Station Road, Henrietta

**Course:** USA Track and Field certified clockwise loop, Lehigh Station road, West Henrietta Road, north to Calkins east to East Henrietta Road, south to Lehigh Station Road and return to school.

**Parking:** Only at Dome Arena, Mohawk Fairgrounds, corner East Henrietta roads. Free shuttles to site beginning at 7 a.m. No parking at high school.

**Awards:** Overall cash \$250, \$100, \$50, Merchandise, trophies to 5-year age increments.

**Sponsors:** Dorschel Automotive Group and others contributing more than \$20.  
**Charitable beneficiary:** Mothers Against Drunk Driving.

**Registration:** \$20 at Fleet Feet Sports, 100 Monroe Avenue, Brighton. \$10 for students and teachers, with I.D. Race day 6:30 a.m. at R-H Sperry.

**Scoring, timing:** Yellowjacket Race and Ellen Boutillier.

**Race director:** Paul Kato, past president of Greater Rochester Track Club.

**Web sites:** [www.dorschelmadd.com](http://www.dorschelmadd.com); [www.matthewkatofoundation.com](http://www.matthewkatofoundation.com)