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Jun 7, 2007 6:55 am US/Pacific

Woman Attacked By Carjacker Talks About Ordeal

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(CBS) *MISSION VIEJO, Calif.* A woman stabbed outside her hotel and run over by a carjacker said she fought hard because of learning from a TV show that people face greater danger if an assailant succeeds in abducting them from a public area.

Belimar Velazquez, 36, was attacked early Sunday morning at a Holiday Inn Express Hotel & Suites while on her way to the airport -- to return to New York -- in a rental car.

Her alleged attacker, who had stabbed two other men in Dana Point earlier, was later captured in Long Beach and is being held on \$1 million bail.

Velazquez is recovering from a nearly severed thumb, and other injuries that include a broken ankle, at Mission Hospital and Regional Medical Center. She told reporters Wednesday that the valuable lesson came from a segment on "The Oprah Winfrey Show."

"My whole focus was to fight at all costs," Velazquez said.

Velazquez said the suspect, who was later identified as 26-year-old Blaine Bowker, told her, "If you want to see your children again, just give me the key. Shut up."

Velazquez said, "I was screaming pretty loud, just to get attention."

Velazquez said she wanted to see members of her family, which includes two young daughters, again.

"At one point I was inverted, so my head was down by the dashboard," Velazquez said.

The lesson she learned is: "Fight for your life. Stay where you know there's people."

Velazquez bit the suspect so hard she broke two bottom teeth.

When she finally got out of the car, she was run over twice.

Authorities released a 911 tape from a witness who begs the operator to quickly call law enforcement.

"You can hear her screaming," the man shouts. "OK he just ran over her. OK he just hit her again."

Dr. Brian Barbick told reporters Velazquez is "very fortunate within the big picture and part of it's her tenacity, I'm sure."

Velazquez said, "I am alive and I will see my family again, so I feel very blessed."

Doctors hope her fingers and thumb will recover fully. She talked to reporters while sitting in a wheelchair with her leg in a cast.

Bowker appeared before a judge in a Laguna Niguel courtroom Tuesday, where his arraignment on charges of attempted murder and aggravated assault was postponed until June 22.

Before the attack on Velazquez, Bowker allegedly knifed a Laguna Beach lifeguard and an employee of Hennessy's Tavern at a Del Taco fast food restaurant at Pacific Coast Highway and Street of the Golden Lantern in Dana Point.

Bowker, whose last known address was in Los Angeles, was arrested as he left a restaurant near the Long Beach Marina on Sunday, said Jim Amormino of the Orange County Sheriff's Department.

The motive for the attacks is unclear.

In addition to the attempted murder and aggravated assault charges, Bowker is also accused of inflicting great bodily harm on each of the victims, who were identified in court documents as James Matthew Barrett, Joseph James Carvin, and Velazquez.

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Belimar Velazquez was viciously attacked outside her Dana Point hotel, but she fought back hard and even lost two bottom teeth in the process.

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